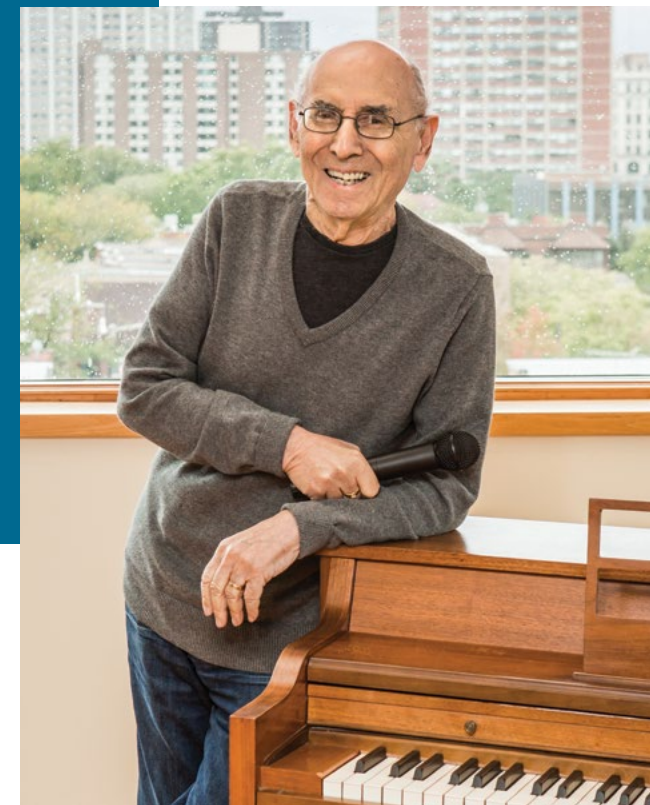
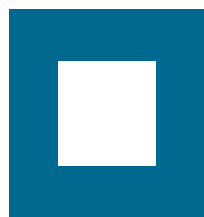




OUR MISSION

The Selfhelp Home provides older adults the highest quality of care in a culturally rich Jewish environment. Selfhelp of Chicago, founded in 1938, subsequently established a refuge for Holocaust survivors. Today, Selfhelp honors its legacy of empathy and state-of-the-art care as an urban, independent not-for-profit home offering the continuum of services from residential living to skilled nursing.



This Is Our Home



THE SELFHELP HOME
A TRADITION OF CARING



THE SELFHELP HOME
A TRADITION OF CARING

908 W. Argyle Street | Chicago, Illinois 60640 | 773.271.0300 | www.selfhelphome.org

The Selfhelp Home is a not-for-profit Jewish retirement community with a tradition of caring for more than 70 years.

Letter from the President

When I reflect upon the origins of The Selfhelp Home, I am amazed that the implementation of its singular vision—to be a refuge for victims of Nazi persecution in their later years—continues to be the model for how we should serve all older adults in our communities. Those who study older adults affirm the best practices that have been Selfhelp’s for decades: love, compassion, kindness, and respect for the whole person.

The Selfhelp Home is driven by excellence, resident satisfaction, and the needs of our wider community. Our focus is on the residents and their families. Their voices are paramount and inform almost everything we do—from the food we serve to the programs we offer.



If The Selfhelp Home has a “magic sauce,” it is the unwavering commitment of our skilled and devoted employees, many of whom have been with us for decades; an engaged Board of Directors, many of whom have, or have had, a loved one as a resident at The Selfhelp Home; and our Executive Director, Sheila Bogen, whose experience and vision ensure the highest standards for successful ageing.

We invite you to get to know us better. Please take a tour and consider the possibility of becoming a volunteer.

As a not-for-profit, The Selfhelp Home depends on and greatly values your support, which is just as important today as it was seven decades ago, when we pooled our resources to build a home for survivors of Nazi inhumanity. Today, we proudly serve this last generation of survivors while moving forward to serve all older adults who need us. Year after year, our Home is nationally recognized as one of the very best in the nation—a testament to those who have shaped, guided, and funded our mission.

We thank you for your generous support!

Austin L. Hirsch
President and Chairman of the Board



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Letter from the Executive Director

I consider the opportunity to serve The Selfhelp Home a true gift. As a first-generation child of survivors, the mission of The Selfhelp Home immediately resonated deep within me. My professional life has always revolved around senior care and hospitality, and to answer the call to provide the best service to

Chicago’s only Jewish continuing care retirement community was too big to ignore. I am thrilled to pen this letter on my first anniversary as Executive Director.

All the factors for successful aging are within our walls. Lifelong learning is part of our fabric: music from Classical to Klezmer; art appreciation classes; current events discussions; the study of Women in Jewish History; meditation, yoga, and much more. These are just a few examples of the programming one can expect on any given day. The true engagement of diverse residents, together with the ability to “age in place,” defines us.

Our unique staff members encompass a rich kaleidoscope of cultures. Many of the employees have worked here for decades and now head departments, bringing with them a deep and intimate knowledge of the Home’s history and its people. Others have recently come to the United States as refugees and are new to The Selfhelp Home. The common values that define these individuals resonate with the mission of Selfhelp: love and respect for our elders; empathy and compassion; and the willingness to be part of a team. We are a family that truly wants to do the very best for every resident.

The Selfhelp Home has consistently maintained its five-star rating from the Centers for Medicare and Medicaid Services and has been named by *US News & World Report* as “One of the Best Nursing Homes in the USA” for three years in a row. In addition, the skilled nursing staff is working towards accreditation from The Joint Commission—the ultimate credentialing organization for Skilled Nursing and Subacute Nursing Facilities.

Today, I am thankful to be part of this extraordinary story and especially grateful to the Board of Directors for the trust placed in me.

Sheila Bogen
Executive Director

This Is Our Home

In Memorium



In July and September, we mourned two founders and officers of The Selfhelp Home: Gerald Franks (96) and Rolf Weil (95). Both were extraordinary role models, fleeing Nazi Germany as young men, building their lives from scratch in Chicago, and living long, full lives. Both Franks and Weil rose to great heights personally and professionally and helped lay the bedrock for The Selfhelp Home to flourish, as it does today.

Gerald Franks came to Chicago at age 18 from Berlin, Germany,



Gerry Franks and Austin Hirsch

after his family received a panicked phone call from an aunt whose property had been seized by the Nazis. He had witnessed *Kristallnacht* up close. Weaving in and out of the streets on his bicycle, Gerry watched in horror as classmates destroyed the Jewish-owned shops.

Ron Grossman wrote in a 2013 *Chicago Tribune* article: “The Frankses came

to Chicago, where Gerald Franks went to work in a shoe factory and supported his parents. One day, he walked west along Lake Street, then lined with junkyards, until he found a proprietor who would help him get a small foothold in his family’s prewar business dealing in metal ingots.”

Until World War II, Gerry was president of The Selfhelp Youth Group. He then joined the U.S. Army as a German-language interpreter in the European theater. After his service Gerry built a successful career, leading his division in the international metal-trading industry. He married twice, raised a family, and traveled the world. His employees remember him as a “prince among men,” and his family adored him.

In addition to his longstanding involvement with Selfhelp, Gerry cochaired the American Jewish Committee’s German-Jewish dialogue group, which, he said, changed his views about Germany. “It’s in a way a revelation—for people to meet, and for the Jews to find that the Germans are really very nice people, and the same in reverse,” he told the *Chicago Tribune* in a 2006 interview about the dialogue group.



Leni and Rolf Weil

Rolf Weil left Stuttgart, Germany in 1936, arriving at Chicago’s Englewood station on December 31, with \$10 in his pocket and a Leica camera around his neck. In his biography, he writes that his parents never dreamed of leaving Germany, but when the Nazis compromised his father’s employment as an executive with Singer, they knew it was time to go.

Rolf had received an excellent education in Germany and at boarding school in Switzerland. In Chicago, he quickly mastered his studies at Hyde Park High School. He set his sights on the University of Chicago and worked as a bus boy and locker room attendant to pay his way. Rolf earned a PhD in Economics at U of C and rose to become Roosevelt University’s longest serving president. He was credited with bringing Roosevelt out of the red and with growing its campuses and its reputation as a university committed to the principles of democratic education. In his 42 years as president, Roosevelt always had a balanced budget.

Along the way, Rolf reconnected with Leni Metzger, whom he knew in Stuttgart. They were married for 71 years. The Weils served together on the board of Selfhelp and were responsible for ensuring Selfhelp’s growth and fiscal health. (Rolf was president from 1976-2009.) Rolf and Leni impressed everyone who knew them with their devotion to one another and their love for their children, grandchildren, and friends. Current Selfhelp president Austin Hirsch, whom Rolf recruited to the board 30 years ago, reflects that, “Rolf was a leader who helped build institutions in a way that they could continue and thrive. He was a forward thinker who led the board in a transformation of The Selfhelp Home from that of a single-focus institution to that of an organization serving the entire Jewish community.” In a published history of the Home, Rolf reflected that, “what the Selfhelp Home represents will stand as a lasting monument to this generation of immigrants’ contributions to Jewish welfare.”

Rolf and Gerry exemplify what it means when we speak of survivors. They were guiding lights to all who knew them. The Selfhelp Home is among their legacies and we are comforted by their memories.



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“I’m six months older than Tony Bennett. I’m the oldest living pop singer in America.”

Jordan

At 91, with a coy but sincere smile, Jordan Miller makes the bold claim, “I’m the oldest living pop singer in America.”

A resident of The Selfhelp Home for over a year—and a lifetime risk taker well versed in highs and lows—Jordan is carving out the next chapter of his life. On July 15, he performed his first “one-man show” at Selfhelp. Accompanied by Chicago pianist Ester Hana, he belted out the oldies to a standing-room-only crowd: “You Go To My Head,” “I’ve Got You Under My Skin,” “Blue Skies,” “Where or When,” “I Can’t Get Started!”—and other classics by the likes of Porter, Gershwin, Rogers and Hart, and Hoagy Carmichael.

Jordan has been crooning to family and friends all his life, but a 2015 “guest appearance” at Chicago’s Davenport’s Piano Bar at the tender age of 89 sparked an idea.

“Would The Selfhelp Home be interested?” Jordan asked. We were. “This could be the next chapter for me. I’m six months older than Tony Bennett,” he explained. “I’m the oldest living pop singer in America.” We agreed that was a brand. So did Pulitzer Prize-winning columnist Mary Schmich, who covered the event for the *Chicago Tribune*.



His career has been a roller coaster ride—from academic publishing, to a once-thriving media clipping service inevitably doomed by the Internet, to the David vs. Goliath lawsuit against the widow of writer John Cheever, (which became the subject of *The New York Times*-reviewed book, *Uncollecting Cheever*), to heading Eugene McCarthy’s political campaign in Chicago, to producing the first Chicago Arts Festival at McCormick Place (with the unfortunate grand opening a day after the Kennedy assassination).

Jordan shrugs it off. He still has time, he says. His maternal grandfather lived to 105. He’s still got a partner he adores. Wife Anita Miller, the author of *Uncollecting Cheever*, and a PhD in English, lives with Jordan at Selfhelp. She’s just a year younger, but, he concedes, “a lot smarter.”

“I want to start doing gigs,” he says. “I think this could be the next big thing for me.”

Jordan Miller’s still got a dream.



Finnie’s silky silver hair is pulled back to reveal a perfectly symmetrical bone structure and her soft blue eyes belie her strength. “We arrived in Chicago with very little. My father, a doctor, had no job but was fortunate to meet a businessman who ran a factory. He set my father up in an office to care for the workers who needed medical attention. My mother sold hosiery door-to-door,” Finnie recalls.

“I went straight to Sullivan High School in hand-me-downs and sat in a classroom with nice American kids with pretty hair and good clothes. Slowly, we rebuilt our lives. A whole new world opened up to me in Chicago. I attended Roosevelt College and met the most interesting people, many of them activists. I would see Harold Washington in the halls.”

The girl who knew no English became a teacher of high school English, working at Hyde Park High School and retiring in the 1980s from Near North Metro Career Center. She met and married Larry Rosner, a civil engineer who died at 55 from lymphoma. The Rosners made a home in Rogers Park and raised three children: Neal, Dan, and Ellen. They and her two grandchildren and five great grandchildren are her proudest accomplishments.

“After I stopped working, I became a volunteer at Selfhelp. I always knew I would end up here,” she says. “It felt like a second home.”

At 92, Finnie is a leader at Selfhelp—always visible, always involved, and generous with practical advice. “Life is a three-act play. I’m in Act Three,” Finnie says. “Do whatever you can NOW. Don’t spend time with ‘would have, could have, should have...’.”

Finnie

“Though my name is Josefina, I’ve been called ‘Finnie’ since the day I was born,” says Finnie Rosner, who fled Vienna in 1938 at age 13, an only child accompanied by her father and mother, a physician and a nurse.

“I stood at our window and watched the Nazis march. My father turned to my mother and said, ‘Sonia, better write to your sister in Chicago.’”

“My most poignant memory was watching my grandfather Naftali waving to us as the train pulled away, tears spilling from his eyes. I still can see it today,” Finnie says. “From that point forward, I never hung on to things that hurt me.”

“My most poignant memory was watching my grandfather Naftali waving to us as the train pulled away, tears spilling from his eyes.”

Phyllis

A native of New York City, Phyllis Toback came to Chicago in 1974 when her late husband, Dr. Gary Toback, secured a position at the University of Chicago. Dr. Toback then rose through the ranks to become one of the leading scientists and kidney specialists in the world. The couple had been childhood sweethearts in Brooklyn and Gary told her in high school that he loved her madly and knew from the moment he saw her that they would marry.

In the 60th year of their romance, Gary was struck by a car and killed during his regular early morning run in Jackson Park, two blocks from their home. Phyllis was shell-shocked. She had never dreamed that her work as supervising chaplain at Christ Hospital, where she trained seminary and ministry students in crisis management and counseling, would become so personal.

“I routinely dealt with families facing trauma and death,” she says. “Then one day the call was for me. I was one of them.”

Shortly after Gary’s death, Phyllis gathered her necessities, locked up her grand historic home in South Shore, and moved north to Selfhelp. She came to grieve and to heal and since day one she has been a regular at the concerts, exercise

“I am so grateful for the support and friendships here. There is no place I’d rather be.”

classes, storytelling, lectures, Friday night Shabbat dinners, and holiday celebrations. “I am so grateful for the support and friendships here,” she says. “There is no place I’d rather be.”

This is the spirit of a lifelong learner and deeply inquisitive mind. Phyllis attended NYU on a full scholarship. She completed her doctoral studies in English literature at Barnard College, with a focus on the 17th Century Shakespearian period. After a brief stint teaching, and with little patience for academia, she was drawn to counseling. “I have a special interest in psychology—how people get to where they are, and I’m always interested in their stories.”



Her quest to understand the human mind and spirit led her to Chicago Theological Seminary, where she earned both a doctorate and a certificate in Spiritual Direction, devoting the next phase of her life to helping others cope with tragedy and loss. She retired from Christ Hospital in 2015.

Phyllis and Gary both had an Orthodox upbringing and they studied Torah during their last 15 years together, finding within it a deep source of comfort and wisdom. Together, they help found Rohr Chabad Center at the University of Chicago. This last October, Chabad Center dedicated a new Torah scroll in Dr. Gary Toback’s memory.

It has been a catastrophic year, but the shock has dimmed and Phyllis’ wide smile is returning. At 74, fully independent, she has made Selfhelp her new home. Drawing on a deep reservoir of inner strength, Phyllis is taking care of herself.

Esther and Joe

“*Ich zol azoy vissen fun tsores,*” says Esther Katz, recounting a favorite Yiddish expression that translates as “I shouldn’t know from trouble.” If Esther and her husband Joe have any troubles, they sure don’t talk about them. In fact, one would be hard pressed to find a more content couple. You can find the two of them most mornings in the sun-filled second floor alcove, where they put their feet up and dig into *The New York Times*. Esther says that the business section will tell you everything you need to know about the world.

“This is a community we love, a unique place where we live a rich and good life together.”

Esther and Joe were lifelong New Yorkers who met at a Yeshiva in Brooklyn. Yiddish was their first language. “It was love at first sight,” says Joe. Esther smiles. “Joe lent me a record of Jewish music that I did not return because I wanted him to call me.”

They’ve been married 68 years.

For 65 of those years, Joe—who holds a PhD in psychology—practiced at Bellevue and taught at New York University. He wrote *Dreams are Your Truest Friends* (published by Simon and Schuster), and he dissected three of Albert Einstein’s dreams—which were unearthed from Einstein’s diaries and shared with Joe for professional analysis.

Joe is also a student of the Holocaust. “I lost grandparents I never knew in the killing fields of Belarus and knowing what happened brings me closer to them. I don’t understand the people who say ‘move on’.”

Esther is a retired educator who had a career teaching fourth graders at PS 140 on Manhattan’s Lower East Side. The Katz’s careers provided summers off to travel the world, including almost

every country in Europe. When asked if they miss their sprawling apartment in Greenwich Village, home for 50 years, Esther shrugs. “It was too much. We couldn’t live there anymore. We needed help with things. Thanks to my daughter, who lives in Chicago, we found out about Selfhelp. This is a community we love, a unique place where we live a rich and good life together.”

“We are blessed with wonderful children, grandchildren, and great-grandchildren,” she says. “They visit us at Selfhelp often and we love to spend time on the roof together. We’ve had a lot of *mazel*.”

They describe themselves as “private people,” but engage in just about every activity Selfhelp offers. Esther is a political junkie and Joe reads at least two books a week. (He just finished *Giant of the Senate* by Al Franken, a Selfhelp Book Club

selection.) She meditates and they both exercise. “Joe’s overall health has greatly improved since we moved in,” Esther says.

Sixty-eight years of togetherness is rare, but Joe and Esther are clearly devoted partners. “We help each other,” they say, almost in unison. “And we are filled with gratitude and appreciation.”



Joe

On warmer days, Joe Chaba’s special place is the ninth floor of Selfhelp, where he sits reflectively in the rooftop garden. Behind him, the Chicago skyline frames the shores of Lake Michigan. He and Helen held hands here in the sunshine. Married for 58 years, the two were inseparable and Joe moved to Selfhelp to be close to Helen. After her death, he stayed. He loves to give hugs and he has found a community that unconditionally returns them.

Born in Krakow, Poland, he was one of five children. Joe has survived the unspeakable. At 10 years old, he and his brother David were separated from their parents and sisters, packed into a cattle car, and transported to one of the five concentration camps that would define their youth.

“Three times I had a gun pointed at my head,” says Joe, demonstrating with a forefinger to his temple, “but they never pulled the trigger. To this day I wake up thanking God.” A history of the Jews of Krakow, which Joe keeps in a drawer and fiercely guards, contains a chapter on the Chaba family. He and David were the only survivors.

When Joe was liberated on May 5, 1945, at the age of 17, the Jewish Brigade took



Sy and Joe

In his pocket Joe carries pictures of his brother David—who taught him to survive in the camps, of his dear wife Helen—also a survivor, and of his only son Sy—an executive with the media-buying firm Kelly Scott Madison. As a boy, Sy—who is frequently by Joe’s side—knew nothing of his parents’ past.

“All this trouble I went through, I didn’t want to mention it, I didn’t want to think of it,” says Joe. “But I gave Sy the best. I gave him an education. I gave him what I couldn’t have.”

“To this day I wake up thanking God.”

him to Italy, where he was recruited to load other refugees on vessels bound for Cyprus and ultimately Palestine. He recalls hoisting people onto ships 200 feet from shore. Joe waited four years for his own visa, and with the help of HIAS, was sent to Chicago. After a brief stint as a tailor, he discovered a lifelong career crafting wigs and training wigmakers.

Peggy

“I have two loves,” says Peggy Lipschutz, “art and politics.”

A prodigious artist, a classically trained cellist, a social activist, and a Chicago treasure—Peggy is right at home at Selfhelp. “I love it here,” she says. She originally came to Selfhelp to have lunch with a friend and resident, and subsequently moved in a little more than a year ago. “I knew where I wanted to go,” she recalls. At 99, she credits her longevity to good genes and a lifetime of yoga. “Seniors can be alive and exciting. You don’t have to fade away.”

“Seniors can be alive and exciting. You don’t have to fade away.”

Her apartment is warm and inviting, filled with paintings, books and happy plants. Most of her own work is now in private collections, with the notable exception of a self-portrait of the artist and her cello.



Peggy is widely recognized as a pioneering figure in the arts, but she is modest to a fault. Ideals, not ego, are what matter. The paintings, cartoons, illustrations, and performance art that comprise her life’s work speak to a yearning for social justice and gender and racial equality, although she has also painted floating angels that Peggy says convey a higher self we must listen to. Her portraits of Woody Guthrie, Pete Seeger, Big Bill Broonzy, and Joe Hill line the walls of the Old Town School of Folk Music, commissioned by her good friend Win Stracke, Old Town’s founder.

Peggy was born in England in 1918. Her father, a wool merchant, traveled extensively and sensed the looming danger of fascism. In 1937, he moved the family to New York City. Peggy attended the Pratt Institute, graduated with a degree in painting, and worked for the Navy during World War II, producing highly classified drawings to teach fire control to sailors who had only high school math.

After the war, Peggy came to Chicago to produce publicity art and illustrate educational material for the progressive Abraham Lincoln School of Social Science. This position led to political cartooning for the growing labor movement.

Peggy married, settled in Evanston IL, and raised three children. She never stopped painting, teaching, and performing—often collaborating with musicians and storytellers, Peggy drawing to the songs. A 1960s collaboration with musician Vivian Richman used art and song to teach about civil rights, the Holocaust, and social justice. They presented their work in public schools and in Jewish community and senior centers. “Then we really took off,” she said.

Folk-singer greats such as Rebecca Armstrong and Pete Seeger were some of her partners in “Songs You Can See,” a combination of music and drawing. A popular YouTube video features Seeger performing “This Land is Your Land,” while Peggy stands behind him chalk in hand, alchemizing lyrics to images on a giant canvas. Musician and painter concluded in perfect unison:

“This land was made for you and me.”

Belonging

Holidays, special events, and innovate intergenerational programming celebrate heritage, commemorate experience, and bring together young and old. From Purim to Sukkoth, Passover to Hanukkah, and every delicious Friday night Shabbat, our doors are open to family and friends.



Around

Selfhelp

Waki

Wakilongo Kahugusi's positive energy is infectious. He greets everyone with "Jambo!", a Swahili greeting that means "hello." His name means "member of the same tribe." We call him Waki for short and we're lucky to have him with us.

When Waki came to Selfhelp last year as part of the kitchen team, he knew nothing of its history. He had no knowledge of Hitler or the Holocaust. But he intuitively sensed that the people here cared about one another and he thought he would fit in.

Waki fled The Second Congo War in 1998, during the dark internal conflict that forced the migration of more than 1.2 million people. He and family members walked east for days, finally reaching a boat that would take them across Lake Tanganyika to a refugee camp in Tanzania—home for the next three years. "We thought we would go back to our city," he says, "but it wasn't to be.

In Congo, armed militias were around every corner, behind every house."

Finding no future in Tanzania, he and wife Sifa left for Mozambique, where their two boys and twin girls were born. Determined to learn English, he read the dictionary every day for four years. Finally granted asylum status in the United States, but not permitted to choose an exact destination, he was both overjoyed and frightened when they arrived in Chicago. "There are so many different people from different countries. I had never seen that before!" Settling in Rogers Park, Waki found a community

of immigrants and refugees that help one another. "I no longer look back to what was. This is my new home. Forever."



State-of-the-Art Therapy

The five-star Health & Rehabilitation Center integrates Selfhelp into the wider community. Fast becoming a destination for short-term rehab, it "feels like being in a hotel," says patient Jane Kamering (pictured above). "It's been like a vacation here while recovering."



Our employment partnership with Chicago's Refugee One speaks to the founding mission of Selfhelp and underscores our common humanity. We were thrilled to be honorees at Refugee One's annual benefit, which raises funds to provide services to those fleeing war, terror, and persecution and helps them to build new lives of safety, dignity, and self-reliance.

Summer Bash!

Board members, donors, volunteers, residents and staff gathered for food, wine, fellowship and music on the rooftop garden, and to say THANK YOU to the many people who make Selfhelp special. The evening was made possible by a gift from the Estate of George and Helen Holz.



Sarah and resident and survivor, Edith Stern



Welcome Sarah!

Sarah Shishechian of Koln, Germany, is our new intern, thanks to our 20-year partnership with Berlin-based Action Reconciliation Service for Peace. Multi-lingual (German, French, English, Persian, and Russian), Sarah moved into Selfhelp in August and quickly endeared herself to our residents.

A Big Evening of Thanks

Opera great Andrea Silvestrelli wowed us with his bass-baritone, in a special Selfhelp community concert dedicated to Shirley Perlstein, late mother of board member Michael Perlstein. Cocktails and dinner on our 9th floor preceded the main event. Shouts of "Bravo!" all around.



Michael and Paula Perlstein



Chic Comfort

Our cozy apartments are being updated! All new kitchens and baths, floors and lighting, wifi, and satellite TV emphasize safety and comfort.



The Rain in Spain...

Our community gathered for our annual board-driven fundraiser: **Celebrating the Arts**, a Selfhelp tradition. A scrumptious brunch at Lloyd's Chicago, followed by Lyric Opera's presentation of "My Fair Lady," raised more than \$80,000 to keep the Home on mission.

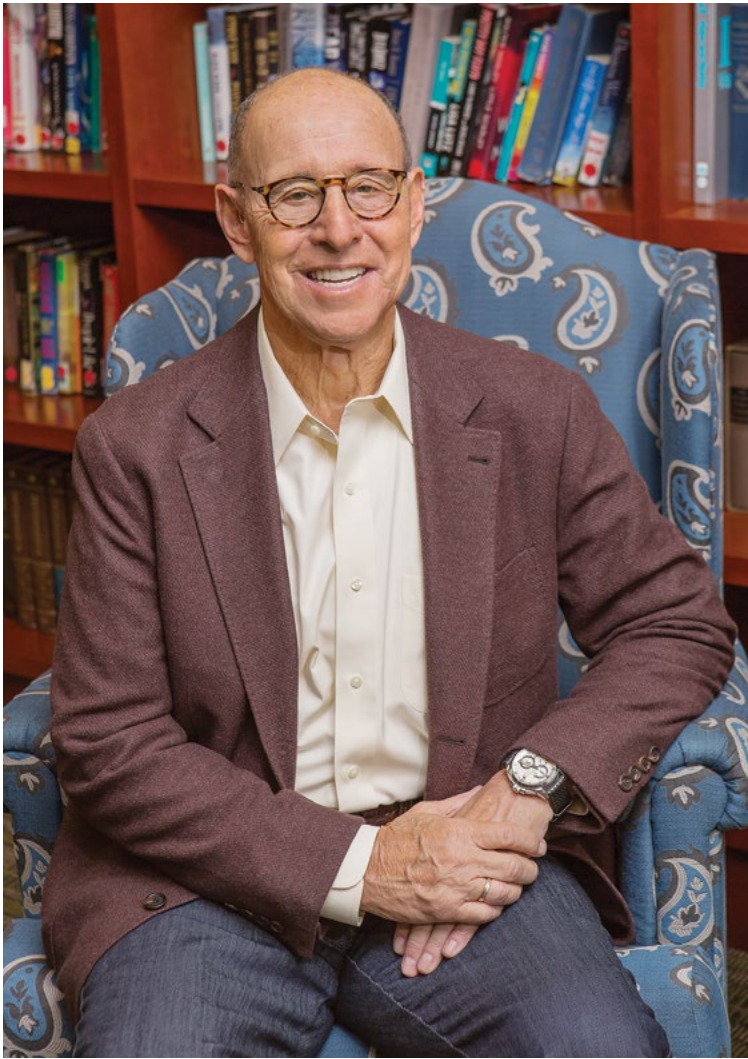


Did you see THAT?

It may not have been the Path of Totality, but the Selfhelp rooftop was the perfect venue to witness the historic August 21 solar eclipse.



This Is Our Home



Craig

He has moxie, uber smarts, and lots of energy. While his business as a real estate developer and the CEO of Northfield Partners means Craig Tuber is always on the move, his dedication to The Selfhelp Home is a priority.

When state funding was cut for senior transportation, Craig Tuber, Chair of the Development Committee of the Board of Directors of Selfhelp, picked up the phone and got an anonymous donor to gift us a bus. A shiny, 12-passenger, wheelchair accessible, state-of-the-art bus. Our residents can now do their errands, make medical appointments, and enjoy recreational activities on their own schedules—whether it’s taking a stroll in Millennium Park, having lunch or dinner on the town, or enjoying a cruise or a group outing to the opera. Craig is just that kind of guy.

“I had never heard of Selfhelp, but we needed a place for my mother that offered memory care and Medicare all in one. Looking around, we couldn’t find anything that met our standards,” explains Craig. “A family member suggested The Selfhelp Home and we learned it was rated among the top in the country. My mother had a great experience here and the more I learned about the Home and its history, the more interested I became in giving back.”

While for 70 years Selfhelp has been a haven for thousands who fled Hitler or survived the Holocaust, today it is also home to people from the wider Jewish community. Selfhelp offers independent living, nursing care, and short-term rehabilitation in a unique, boutique setting where everyone knows your name and everyone cares about your welfare.

“Serving on this board has really expanded my horizons,” says Craig. “Selfhelp takes an inordinate amount of interest in its residents and that’s unique in my experience. Because of where we are, what we do, and how we do it, we have special fundraising needs. Our donors make it possible to take those extra steps to maintain the highest quality of life for our residents. That’s our tradition. We have a responsibility to ensure that this Chicago icon remains strong well into the future.”

“My mother had a great experience here and the more I learned about the Home and its history, the more interested I became in giving back.”

This Is Our Home

Thank You To Our Donors

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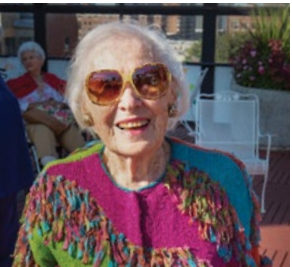
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