



THE SELFHELP HOME  
A TRADITION OF CARING

# Be a Mensch!

**mitzvah**   
*mensch*



## VOLUNTEER WITH US FOR YOUR **Mitzvah Project!**

A community-based program where you use your talent to contribute to the joy of our senior residents in ways that enhance the lives of both you and those in our community.

## Types of Projects

**MUSIC / VIDEO**  
**ARTS & CRAFTS**  
**HOST A FUNDRAISER**  
**SURVIVOR PROJECT**  
**CREATE YOUR OWN**



**@SELFHELPHOME**



# mitzvah mensches



Your Mitzvah project is your chance to shine and leave a positive mark on the world. *Let the adventure begin!*

Ready to make a difference and have some fun along the way? It's time to become a Mitzvah Mensch and take charge of your own project! Whether you're a talented artist, a fundraising whiz, a storytelling maestro, or just someone with a passion waiting to be unleashed, this is your chance to shine.



**SCAN HERE**

FOR MORE INFORMATION  
AND TO FILL OUT OUR  
MITZVAH MENSCH FORM.



FOR MORE INFORMATION, AND TO GET STARTED,  
PLEASE CALL JESSICA KATZ AT 773.271.0300  
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